

Ethics

Forgoing Medical Therapy

Student Objectives

Goal:

To recognize legal and ethical issues in withholding or withdrawing medical therapies.

Outcomes:

At the end of this module, the student will be able to:

- 1. Describe current statistics regarding the settings in which most deaths occur in America, the percent of deaths preceded by an active decision to stop or not start a life-sustaining therapy, and the role of surrogates in making healthcare decisions for seriously ill and dying loved ones.
- 2. Describe the legal, ethical and emotional issues surrounding withholding versus withdrawing medical therapies.
- 3. Describe the legal, ethical and emotional issues surrounding artificially provided nutrition and hydration versus other types of life-sustaining therapies such as mechanical ventilation.
- 4. List and determine three reasons for not reducing opioid administration to dying patients in response to deteriorating clinical signs.
- 5. Determine two reasons why clinicians may be reluctant to provide adequate pain management to dying patients.
- 6. Define each of the following terms: terminal sedation; voluntary stopping of eating and drinking; assisted suicide; voluntary active euthanasia.
- 7. Determine which of the following actions currently are legal and not legal options: terminal sedation; voluntary stopping of eating and drinking; assisted suicide; voluntary active euthanasia.
- 8. Describe five steps for respectfully responding to patient or family requests to hasten death.

Ethics: Medical Therapy